



Who can participate?

- PCIT is recommended for children between 2-7 years old who are experiencing challenging behaviors such as:
 - difficulty listening/following directions
 - oppositional or defiant behavior
 - frequent temper tantrums
 - aggression
- PCIT is most appropriate for children who have some language skills in order to understand instructions and benefit from this type of therapy.

Families must have Medicaid insurance in order to participate.

About Us

This research is led by Rosmary Ros-Demarize, PhD. In addition to her role as the Tele-PCIT Program Director, Dr. Ros-Demarize is an Assistant Professor and Clinical Psychologist for Developmental Pediatrics at MUSC. She is also certified by PCIT International as a Within Agency Trainer.

For more information, contact us:

- 📞 Phone: 843-714-1352
- ✉ Email: autismresearch@musc.edu
- 🌐 Website: <https://bit.ly/Tele-PCIT>

MUSC Developmental-Behavioral Pediatrics
135 Rutledge Ave
Charleston, SC 29425



Tele-PCIT

Telehealth Parent-Child
Interaction Therapy





Tele-PCIT Studies

Traditional PCIT has over 40 years of research support. Evidence shows PCIT is effective at reducing disruptive behavior in young children.

The goal of our Tele-PCIT studies is to build on previous research to show that PCIT can also be effective when delivered via telehealth and is beneficial for children with developmental diagnoses such as autism, ADHD, speech delay, etc.

Interested in Tele-PCIT?

Scan the QR code to complete our online interest form!



What does participating look like?

Families who are interested in participating will:

- Go through a screening process with study staff.
- Attend an in-person visit at MUSC to complete the screening process and enroll in the study, if eligible.

Families who receive treatment will:

- Complete 10 one-hour sessions of Tele-PCIT once per week.
- Attend 2-3 visits at MUSC.

Therapy is free and families will be compensated for completing study visits and surveys.

For more information on our Tele-PCIT studies, please contact the research team.

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What is Parent-Child Interaction Therapy (PCIT)?

PCIT is an evidence based treatment for young children with behavioral challenges.

Unlike other play therapies, the therapist works primarily with the parent and child together through live coaching, which means the therapist coaches parents while they are playing with their child.

PCIT empowers parents by giving them the tools to manage behavior using consistent and predictable positive parenting strategies.

