

# Advair Diskus

(fluticasone and salmeterol combination)



**DO NOT USE TO TREAT ACUTE ASTHMA ATTACK!**

## What is it?


The Advair diskus is your **daily controller medicine**. It contains 2 medicines that help control the swelling and irritation of your breathing tubes.

## When is it used?

Always use your Advair diskus 1 time every 12 hours.

## How do I use it?

The Advair diskus must be used twice every day, once every 12 hours to work well. It is not a rescue medicine.

1. **Open** the diskus by pushing the thumb grip by the arrow until you can see the mouthpiece
  2. **Click** the lever by sliding it away from you. Make sure to hold it level or else the medicine may fall out!
  3. **Inhale** deep and fast to make sure you get all of your medicine
  4. **Close** the diskus when you are done
  5. **Use** dose counter to keep track of medicine used. **Reorder** at 10.
  6. **Rinse** your mouth out with water and spit or **brush your teeth** every time after use to prevent side effects
- 

## What are the common side effects?

- Hoarseness
- Bad taste in the mouth
- Creamy white patches in mouth (yeast infection)
- Tremors
- Fast heart beat

## Do Not Forget!!!

- \***Never** breathe into the diskus
- \***Never** wash the mouthpiece; keep it **dry**
- \***Never** take an extra dose even if you did not taste the medicine