



Pulmicort Turbuhaler

(budesonide)



DO NOT USE TO TREAT ACUTE ASTHMA ATTACK

What is it?

Pulmicort is your **daily controller medicine**. The medicine helps control the swelling and irritation of your breathing tubes.

When is it used?

Use ____puffs of Pulmicort ____times a day.

How do I use it?

Pulmicort must be used every day to work well. It is not a rescue medicine.

1. **Twist off** the cover
2. **Twist** the brown grip to the right as far as it will go
3. **Twist** the brown grip to the left and you will hear a click,
4. **Do not shake!!!**
5. **Breathe out**
6. **Put** mouthpiece in mouth and breathe in hard and fast!!!
7. **Repeat** if more than one dose is prescribed
8. **Put** cover back on and twist shut

*You will see a red mark at the top of the window when 20 doses are left. You should re-order your Pulmicort MDI at this time. The red mark at the bottom of the inhaler window means it is empty.



What are the common side effects?

- Runny nose and head cold
- Creamy white patches in mouth (yeast infection)
- Headache
- Hoarseness

For more information, please visit <http://www.pulmicort.com/>

rev 06/2006